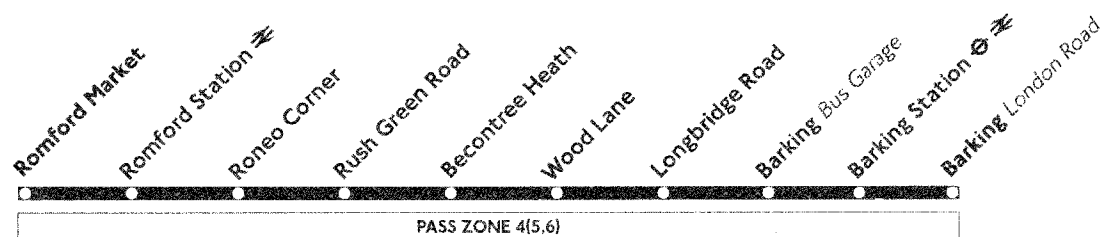


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Romford - Becontree Heath - Barking

Daily



Mondays to Fridays

Romford Market	0528	0548	0608	0628	0638	0648	Then	1828	1842	1857	1912	1928	1944	2000	2020	2040	2100
Romford Station	0530	0550	0610	0630	0640	0650	about	1831	1845	1900	1915	1931	1947	2002	2022	2042	2102
Becontree Heath Bus Station	0540	0600	0620	0640	0650	0701	every	1843	1856	1911	1926	1942	1957	2012	2032	2052	2112
Longbridge Road Bennetts Castle Lane	0546	0606	0626	0646	0656	0708	10	1850	1903	1918	1933	1948	2003	2018	2038	2058	2118
Barking Bus Garage	0551	0611	0631	0651	0702	0714	minutes	1856	1909	1924	1938	1953	2008	2023	2043	2103	2123
Barking Station	0554	0614	0634	0654	0707	0719	until	1900	1913	1927	1941	1956	2011	2026	2046	2106	2126
Barking London Road	0557	0617	0637	0657	0710	0722		1903	1916	1930	1944	1959	2014	2029	2049	2109	2129

Romford Market	2120	2140	2200	2220	2240	2300	2320	2340	2400	0020							
Romford Station	2122	2142	2202	2222	2242	2302	2322	2342	0002	0022							
Becontree Heath Bus Station	2132	2152	2212	2232	2252	2312	2332	2352	0012	0032							
Longbridge Road Bennetts Castle Lane	2138	2158	2218	2238	2258	2318	2338	2358	0018	0038							
Barking Bus Garage	2143	2203	2223	2243	2303	2323	2343	0003	0023	0043							
Barking Station	2146	2206	2226	2246	2306	2326	2346	0006	0026	0046							
Barking London Road	2149	2209	2229	2249	2309	2329	2349	0009	0029	0049							

Saturdays

Romford Market	0528	0548	0608	0628	0648	0708	0728	0748	0808	0824	0839	Then	1812	1825	1840	1900	1920
Romford Station	0530	0550	0610	0630	0650	0710	0730	0750	0810	0826	0841	about	1814	1827	1842	1902	1922
Becontree Heath Bus Station	0540	0600	0620	0640	0700	0720	0740	0800	0820	0836	0851	every	1824	1837	1852	1912	1932
Longbridge Road Bennetts Castle Lane	0546	0606	0626	0646	0706	0726	0746	0806	0826	0842	0857	10	1830	1843	1858	1918	1938
Barking Bus Garage	0551	0611	0631	0651	0711	0731	0751	0811	0831	0847	0902	minutes	1835	1848	1903	1923	1943
Barking Station	0554	0614	0634	0654	0714	0734	0754	0814	0834	0850	0905	until	1838	1851	1906	1926	1946
Barking London Road	0557	0617	0637	0657	0717	0737	0757	0817	0837	0853	0908		1841	1854	1909	1929	1949

Romford Market	1940	Then	00	20	40		2400	0020									
Romford Station	1942	every	02	22	42		0002	0022									
Becontree Heath Bus Station	1952	20 minutes,	12	32	52		0012	0032									
Longbridge Road Bennetts Castle Lane	1958	at these	18	38	58	until	0018	0038									
Barking Bus Garage	2003	minutes	23	43	03		0023	0043									
Barking Station	2006	past the	26	46	06		0026	0046									
Barking London Road	2009	hour	29	49	09		0029	0049									

Sundays and Public Holidays

Romford Market	0717	0747	0817	0842	0902	0922	0942	1002	1022	1040	Then	00	20	40		2400	0020
Romford Station	0719	0749	0819	0844	0904	0924	0944	1004	1024	1042	every	02	22	42		0002	0022
Becontree Heath Bus Station	0727	0757	0827	0852	0912	0932	0952	1012	1032	1052	20 minutes,	12	32	52		0012	0032
Longbridge Road Bennetts Castle Lane	0733	0803	0833	0858	0918	0938	0958	1018	1038	1058	at these	18	38	58	until	0018	0038
Barking Bus Garage	0738	0808	0838	0903	0923	0943	1003	1023	1043	1103	minutes	23	43	03		0023	0043
Barking Station	0741	0811	0841	0906	0926	0946	1006	1026	1046	1106	past the	26	46	06		0026	0046
Barking London Road	0744	0814	0844	0909	0929	0949	1009	1029	1049	1109	hour	29	49	09		0029	0049

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London Travel Information
0171-222 1234 24 hours

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for London Transport Buses

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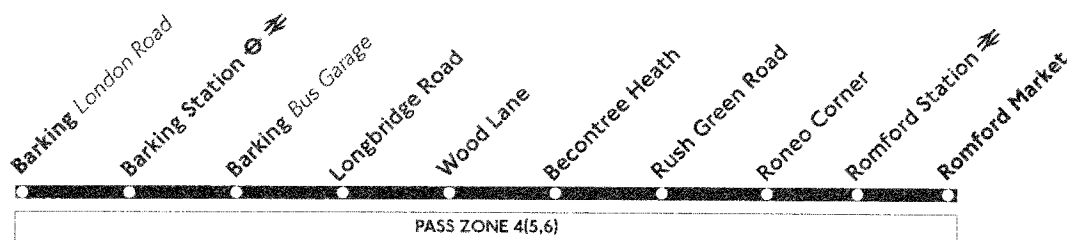


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Daily

Barking - Becontree Heath - Romford



Mondays to Fridays

Barking London Road	0534	0554	0614	0630	0642	0652	0702	0712	0721	0731	Then	1808	1820	1830	1840	1854	1904
Barking Station	0536	0556	0616	0632	0644	0654	0704	0714	0723	0733	about	1810	1822	1832	1842	1856	1906
Barking Bus Garage	0539	0559	0619	0635	0647	0658	0708	0718	0727	0739	every	1816	1828	1838	1848	1902	1912
Longbridge Road Bennetts Castle Lane	0544	0604	0624	0640	0652	0704	0714	0724	0734	0746	10	1823	1835	1845	1855	1908	1918
Becontree Heath Bus Station	0550	0610	0630	0646	0658	0710	0720	0730	0742	0754	minutes	1833	1843	1853	1903	1916	1926
Romford Station	0559	0619	0639	0655	0707	0719	0730	0742	0754	0806	until	1844	1854	1904	1914	1927	1935
Romford Market	0601	0621	0641	0657	0709	0721	0733	0745	0757	0809		1847	1857	1907	1917	1929	1937
Barking London Road	1918	1932	1946	Then	06	26	46			0006							
Barking Station	1920	1934	1948	every	08	28	48			0008							
Barking Bus Garage	1926	1937	1951	20 minutes,	11	31	51			0011							
Longbridge Road Bennetts Castle Lane	1932	1942	1956	at these	16	36	56	until		0016							
Becontree Heath Bus Station	1938	1948	2002	minutes	22	42	02			0022							
Romford Station	1947	1957	2011	past the	31	51	11			0031							
Romford Market	1949	1959	2013	hour	33	53	13			0033							

Saturdays

Barking London Road	0534	0554	0614	0634	0654	0714	0734	0754	0813	0823	0833	0841	0851	0900	Then	1637	1647
Barking Station	0536	0556	0616	0636	0656	0716	0736	0756	0815	0825	0835	0843	0853	0902	about	1639	1649
Barking Bus Garage	0539	0559	0619	0639	0659	0719	0739	0759	0818	0828	0838	0846	0856	0905	every	1643	1653
Longbridge Road Bennetts Castle Lane	0544	0604	0624	0644	0704	0724	0744	0804	0823	0833	0843	0851	0901	0912	10	1650	1700
Becontree Heath Bus Station	0550	0610	0630	0650	0710	0730	0750	0810	0829	0839	0849	0858	0909	0921	minutes	1659	1709
Romford Station	0559	0619	0639	0659	0719	0739	0759	0819	0838	0848	0858	0908	0920	0932	until	1710	1720
Romford Market	0601	0621	0641	0701	0721	0741	0801	0821	0840	0850	0900	0911	0923	0935		1714	1724
Barking London Road	1657	1757	1811	1826	1846	Then	06	26	46		0006						
Barking Station	1659	1759	1813	1828	1848	every	08	28	48		0008						
Barking Bus Garage	1703	1802	1816	1831	1851	20 minutes	11	31	51		0011						
Longbridge Road Bennetts Castle Lane	1710	1808	1821	1836	1856	at these	16	36	56	until	0016						
Becontree Heath Bus Station	1719	1814	1827	1842	1902	minutes	22	42	02		0022						
Romford Station	1730	1823	1836	1851	1911	past the	31	51	11		0031						
Romford Market	1734	1825	1838	1853	1913	hour	33	53	13		0033						

Sundays and Public Holidays

Barking London Road	0648	0718	0748	0810	0830	0848	0906	0926	0946	1006	1025	1045	Then	05	25	45	1805
Barking Station	0650	0720	0750	0812	0832	0850	0908	0928	0948	1008	1027	1047	every	07	27	47	1807
Barking Bus Garage	0653	0723	0753	0815	0835	0853	0911	0931	0951	1011	1030	1050	20 minutes	10	30	50	1810
Longbridge Road Bennetts Castle Lane	0658	0728	0758	0820	0840	0858	0916	0936	0956	1016	1035	1055	at these	15	35	55	1815
Becontree Heath Bus Station	0703	0733	0803	0825	0845	0903	0921	0941	1001	1021	1042	1102	minutes	22	42	02	1822
Romford Station	0711	0741	0811	0833	0853	0911	0929	0949	1009	1029	1051	1111	past the	31	51	11	1831
Romford Market	0713	0743	0813	0835	0855	0913	0931	0951	1011	1031	1053	1113	hour	33	53	13	1833
Barking London Road	1825	1845	1906	1926	1946	Then	06	26	46		0006						
Barking Station	1827	1847	1908	1928	1948	every	08	28	48		0008						
Barking Bus Garage	1830	1850	1911	1931	1951	20 minutes	11	31	51		0011						
Longbridge Road Bennetts Castle Lane	1835	1855	1916	1936	1956	at these	16	36	56	until	0016						
Becontree Heath Bus Station	1842	1902	1922	1942	2002	minutes	22	42	02		0022						
Romford Station	1851	1911	1931	1951	2011	past the	31	51	11		0031						
Romford Market	1853	1913	1933	1953	2013	hour	33	53	13		0033						

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